**Correctly Citing Sources in APA Style**

Revised August 2020 (7th Ed.)

**Citing Sources Within the Body of Your Paper**

In APA style, footnotes are not used to cite sources. Instead, you provide the authors’ last names and publication dates within the body of your paper. Here are some examples.

1. **One work by one author**

Narrative example: Leary (2008) argued that…

Parenthetical example: … are actually interpersonal motives (Leary, 2008).

2. **One work by multiple authors**

a) Use of “&” versus “and”

When citing authors’ names as part of the sentence (i.e., making a narrative citation), use the word “and” to connect the authors’ names. For example:

as Kimble and Hirt (2005) demonstrated...

When citing authors’ names in parentheses within a sentence (i.e., making a parenthetical citation), use the ampersand (&) symbol to connect authors’ names. For example:

as demonstrated in one study (Kimble & Hirt, 2005)....

b) Two authors

Cite both names every time the reference occurs in the text.

c) Three or more authors

Cite only the first author’s surname followed by “et al.” (not italicized and with a period after “al”) and the year.

Narrative example: Zhou et al. (2009) found....

Parenthetical example: … over social exclusion (Zhou et al., 2009).

3. **Two or more works within the same parentheses**

List two or more works by different authors who are cited within the same parentheses in alphabetical order by the first author’s surname. Separate the citations with semicolons:

Several studies have shown negative correlates of fragile self-esteem (Jordan et al., 2005; Kernis et al., 2008; McGregor & Marigold, 2003; Sandstrom & Jordan, 2008).

4. **Quoting directly**

When you use the exact words of another author, put quotation marks around the words, and cite not only the author’s name and date, but also the page number from which the quotation was taken. After the date, use “, p. ” before a single page, or “, pp. ” before multiple pages whether continuous or not. For example:

“When you think of the long and gloomy history of man, you will find more hideous crimes have been committed in the name of obedience than have ever been committed in the name of rebellion” (Snow, 1961, p. 24).

Note that the period FOLLOWS the parentheses.

Do not quote extensively from other sources. Instead, put the material into your own words. For quotations exceeding 40 words, see “Block Quotations” in the APA Manual.

5. **Citing a secondary source**

Let’s say you’re reading an article by Jones, and Jones cites something Smith said. Further imagine that you have not read the original article by Smith, but the information is relevant to your paper and you want to discuss it. In the reference section (assuming you have not read and do not have the Smith paper), cite ONLY the secondary source (the Jones paper). In the text, use the following format for citation:

Smith (2006, as cited in Jones, 2010) found that…

In general, however, you should avoid relying on secondary sources. If the information is relevant, you should find the original article and read it.

**Reference List**

Note that references cited in the text of your paper MUST appear in the reference list; conversely, each entry in the reference list MUST be cited in the text. Adding something to your reference list means that you have read it and have cited it somewhere in the body of your paper.

As per the 7th edition of the APA Manual (see pp. 298-300) you need to provide the DOI (digital object identifier) for each reference, which is typically located in the upper right-hand corner of the first page of recent articles. (Older articles may not have DOIs listed on the actual article, but you can find them in PsycInfo. or Pubmed). Unlike the 6th edition of the APA manual, the doi format does not begin with “doi:” but instead begins with “http://” or “https://” which may or may not be hyperlinked (i.e., directly linked to source, often underlined automatically and accompanied by a font color change). No period should follow the DOI.

Examples of references:

1. **Journal article**

Horberg, E. J., & Chen, S. (2010). Significant others and contingencies of self-worth: Activation and consequences of relationship-specific contingencies of self-worth. *Journal of Personality and Social Psychology, 98*(1)*,* 77 – 91. http://doi.org/10.1037/a0016428

[Note that only the first initials of the authors’ first names are used. Commas are used to separate names. The “&” is used prior to the last author’s name. A period follows the year. In the journal article title, only proper names or the first letter of the first word and the first letter of the first word following a colon are capitalized. The journal name and volume number are italicized, but the issue, in parentheses, is not. Everything is double-spaced. The second line of each reference is indented using a 0.5” hanging indent. The DOI is included.]

2. **Article or chapter in an edited book**

Chang-Schneider, C., & Swann, W. B. (2010). The role of uncertainty in self-evaluative processes: Another look at the cognitive-affective crossfire. In R. M. Arkin, K. C. Oleson & P. J. Carroll (Eds.), *Handbook of the uncertain self* (pp. 216-231). Psychology Press.

[Note that the author’s name is still listed surname first, followed by initials, but that the editors’ names are listed with their first initials and THEN their surnames. In the chapter title and the book title, only the first letter of the first word and first letter of the first word following a colon are capitalized. Book title is italicized. Page numbers of entire chapter appear in parentheses. Citation ends with the publisher (contrary to the 6th edition, no location information is included). Include a DOI if available.

3. **Entire authored book**

Gilovich, T., Keltner, D., Chen, S., & Nisbett, R. E. (2019). *Social psychology* (5th ed.). W. W. Norton.

4. **Entire edited book**

Vohs, K. D., & Baumeister, R. F. (Eds.). (2011). *Handbook of self-regulation: Research, theory, and applications.* Guilford.

5. **Online article**

Chotiner, I. (2020, May 7). How racism is shaping the coronavirus pandemic. *The New Yorker.* https://www.newyorker.com/news/q-and-a/how-racism-is-shaping-the-coronavirus-pandemic

For how to cite other types of sources, consult the APA *Publication Manual* (7th ed.) or the online resources listed in your syllabus or on Blackboard.